

Find your

Oasis



LODGE ON LOCH LOMOND





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AMBER ROSE SPA MENU

AmberRose Spa is proud to use Germaine de Capuccini which combines cutting-edge skincare with exotic rituals for an unforgettable experience and real results.

Cruelty free · Paraban Free · Microbead Free · Supporting women with cancer

AMBERROSE SIGNATURE RITUALS

Our signature treatments take you on a sensory journey that offer the ultimate spa experience that include half body treatment and facial.

90 minutes

TRANQUILLITY

Rose Petal Facial and Lavender Candle Back Massage

Suitable for skins under emotional stress showing redness, signs of fatigue, and delicate skin.

REPAIR & REGENERATE

Royal Jelly Facial and Pomegranate Body Ritual

Ideal for tired and stressed skin, helping it to regain its natural vitality. Invigorating pomegranate exfoliation to the back of body followed by a massage.

MEDITERRANEAN DREAMS

*A new dimension of hydration for face, hands and feet.
Suitable for all skin types and ages.*

Timexpert Hydraluronic Facial includes a cooling massage to depuff, lift, contour and fill in wrinkles. A hand and foot exfoliation and massage to smooth and firm the skin.

SHOREMAN

For those wanting to detox, firm, tone and rehydrate skin.

Deep cleansing and energising facial with vitamin C to treat the male skin with a tension releasing massage using hot stones to the back of body.

CLEANSING DETOX

Gentle facial and back exfoliation and massage using hot & cold stones

A detox ritual packed with antioxidants and soothing ingredients. Gentle facial, gentle matcha scrub, and a soothing cream back massage using hot and cold stones.

RADIANT GLOW

Luxurious Vitamin C Facial plus a full body exfoliation.

Suitable for those suffering from dull, uneven tone, dehydrated skin that want to bring back a natural glow.

YOUR OASIS

Personalised Signature Bespoke facial plus a targeted body treatment.

For those wanting to create personalised spa journey.

INDULGE ME (120 minutes)

Full Body Treatment + Full Advanced Facial includes scalp massage

Begin your journey with a personalised consultation to find the perfect combination just for you!

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<https://lochlomond.try.be>

AMBERROSE FACIALS

Indulge in a transformative journey of relaxation and rejuvenation with our spa facials. Designed to nourish, firm, and revitalize your skin, this luxurious treatment combines the latest formulations and the finest ingredients. All include a hand & arm massage.

60 minutes

Pro-Collagen Wrink·Less

Redefines skin elasticity and prevent, combat and neutralises wrinkles.

LIFT_IN

It renews the skin's firmness and elasticity and noticeably redefines skins appearance.

SRNS Regenerating

A powerful all-round anti-ageing range that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration.

AMBERROSE FACIALS

FOR MEN ENERGISING FACIAL (50 minutes)

A treatment designed specifically to meet the needs of men's skin.

Soothes irritated skin, energises & detoxifies the skin, boosts collagen production to firm skin

HYDRALURONIC

For those wanting a deeper hydration and plumping effect while leaving it smoother and more supple.

RADIANCE C + FACIAL

For those wanting to increase firmness, generates new collagen, reduce dark spots and pigmentation. Perfect after holiday and changing seasons.

ENHANCE YOUR FACIAL

Rose Quartz Eye & Lip Treatment

Stress Relieving Scalp Massage



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AMBERROSE MASSAGE

50 minutes Back of Body Revival
70 minutes Full Body includes face & scalp
90 minutes extended Full Body includes face & scalp

CHOOSE YOUR PRESSURE

LIGHT MEDIUM FIRM VERY FIRM DEEP

CHOOSE FROM THE FOLLOWING EXPERIENCES

A CONSULTATION WITH YOUR THERAPIST CAN
HELP TAILOR YOUR TREATMENT

WORLD OF AROMAS

Choose from Zen, Balance, Power or Pure scents that are meant to uplift and trigger a sense of well being.

POMEGRANATE MASSAGE

Soothing massage whilst promoting collagen and elastin production, activates cell renewal, providing vitality, and improves skin hydration.

MEDITERRANEAN CANDLE MASSAGE

The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. Choose from Citrus, Lavender, Olive and Rosemary.

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AMBERROSE MASSAGE

RENEW & NOURISH

Light touch massage using a soothing body oil gel.
Long strokes to promote lymphatic drainage.

LOCHSIDE GEMS

Obsidian Semi-precious Hot Stone Massage

This massage combines hands-on and stones to soothe and relax the mind, body and soul, whilst boosting the blood flow and improving oxygenation to the skin tissues.

LOCH LOMOND ESCAPE

Tailored 90-minute Full Body experience includes face & scalp massage.

ENHANCE YOUR MASSAGE

20 minutes

Renewing Hand Massage

Refreshing Foot Massage

Stress Relieving Scalp Massage

Express Facial





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BODY TREATMENTS

Choose from our 40 minute Body Treatments

NOURISHING FACIAL

A deeply nourishing facial designed to soothe the skin, complete with a relaxing scalp massage

ZEN TRIO

Relaxing back massage includes face & scalp

LIGHTER LEGS MASSAGE

Soothing leg massage with cooling gel that relieves heavy legs

RESTORATIVE FULL BODY EXFOLIATION

Using gentle products leaving skin revitalised

REFLEXOLOGY

Gentle foot treatment

NOURISHING HAND, FOOT, SCALP MASSAGE

Deeply relaxing massage using natural body oil or cream

To view other treatments not on the menu please visit our website

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MATERNITY TREATMENTS

*Suitable after the 1st Trimester period of pregnancy up to 36 weeks.
Those pregnant cannot access the thermal suite.*

50 minutes

NEW LIFE MESSAGE

A firming massage adapted to suit pregnant people

Our massage creams and oils will help firm, hydrate and tone the skin.

BLISS DUOS

Choose from
Bliss Massage with Lighter Legs
Bliss Massage with Express Facial

We massage uses a luxurious, dry body oil to hydrate, firm, and tone, and reduce stretch marks then a relaxing and hydrating facial that aims to nourish the skin OR choose to have the lighter leg treatment

Please contact the Spa if you have any allergies.



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WELLNESS RECOVERY

This range of treatments by Germaine de Capuccini is ideal for those on intensive medication or anyone in need of a completely soothing and de-stressing experience.

Carefully selected products target skin-related side effects caused by chemotherapy, radiation treatments and other strong medication.

Our wellness therapies include the use of our exclusive Obsidian and Onyx Ritual Stones, known for their natural healing properties. They increase oxygen flow to the brain giving increased mental and physical energy.

WELLNESS RECOVERY TREATMENT

70 MINUTES

A personalised, restorative treatment carefully adapted to support comfort, well-being, and relaxation throughout your journey which may include a facial, hand, foot or scalp massage, gentle body exfoliation, or light touch massage. We tailor to your current needs. *

*Requires 48 hour over the phone consultation






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RASUL RITUALS

Body Exfoliation + Clay Mud + Private Steam Room

MATCH DETOX

Nourishing anti-oxidant leaves skin renewed & radiant.
Woody, warm, exotic scents leaves you with overall sense of well being.

COMFORTING CACAO

Silky oil that deeply moisturises the skin with the slight scent of baobab & cacao leaving you with a sense of relaxation.

NOURISHING NECTAR

Rich melting soft scrub leaves skin soft and glowing. Scents of passion fruit uplifting notes of citrus leaving you with a sense of vitality.

Please contact the SPA if you have any allergies.

THERMAL SUITE

The Thermal Suite includes an Aroma Steam Room, Hot & Cold Showers, Himalayan Salt Sauna and Herbal Sauna and Heated Relaxation Loungers – it also enjoys those wonderful views out over Loch Lomond.

Use of the Thermal Suite is perfect before treatments.

RASUL CLAY MUD EXPERIENCE

*Includes 1 hour access to the Thermal Suite and
approximately 30 minutes in the Rasul Chamber*

“Touchless” private treatment that accommodates 2 persons.
You choose your ritual which includes a body scrub plus a clay mud inside a private
steam room that will revitalize and nourish the skin.
This treatment can be booked as an addition to the Thermal Suite

Please refer to price list for more details

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www.loch-lomond.co.uk/spa

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